

Psalm 32:1-11 (ESV)

- ¹ Blessed is the one whose transgression is forgiven,
whose sin is covered.
- ² Blessed is the man against whom the LORD counts no iniquity,
and in whose spirit there is no deceit.
- ³ For when I kept silent, my bones wasted away
through my groaning all day long.
- ⁴ For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer. *Selah*
- ⁵ I acknowledged my sin to you,
and I did not cover my iniquity;
I said, "I will confess my transgressions to the LORD,"
and you forgave the iniquity of my sin. *Selah*
- ⁶ Therefore let everyone who is godly
offer prayer to you at a time when you may be found;
surely in the rush of great waters,
they shall not reach him.
- ⁷ You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. *Selah*
- ⁸ I will instruct you and teach you in the way you should go;
I will counsel you with my eye upon you.
- ⁹ Be not like a horse or a mule, without understanding,
which must be curbed with bit and bridle,
or it will not stay near you.
- ¹⁰ Many are the sorrows of the wicked,
but steadfast love surrounds the one who trusts in the LORD.
- ¹¹ Be glad in the LORD, and rejoice, O righteous,
and shout for joy, all you upright in heart!



How To Uncover:

1. Confess to God what _____ you are _____, and why. (verses 5, 9)
2. Commit to corresponding _____ of Christ or a _____ of the Holy Spirit that does battle with the sins you are hiding. (cf. Romans 13:14; Galatians 5:22-23)
3. Commit to being “_____” before others in a way that invites _____ or _____ to share about the Gospel. (cf., James 5:16)

Big Idea:

We can't expect God to _____
what we're unwilling to _____.