

BCC Bible Study Notes  
From the series: Livin' the Life  
*"The Strength of Gentleness"*  
October 14, 2018

Jesus' teaching in the Sermon on the Mount is about who you are and who you can become as a citizen of God's Kingdom. An entirely different kind of life is possible when you allow Christ to rule in your heart by embracing him as your King. Jesus describes the people who embrace him as their King.

*"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 NIV*

- Truly joyful and content is the person who is \_\_\_\_\_ on the King.

*"Blessed are those who mourn, for they will be comforted." Matthew 5:4 NIV*

- Truly joyful and content is the person who is \_\_\_\_\_ by the King.

*"Blessed are the meek, for they will inherit the earth." Matthew 5:5*

- Truly joyful and content is the person who is humble and \_\_\_\_\_ like the King.

### 1. WHAT IS GENTLENESS?

Gentleness is \_\_\_\_\_ under \_\_\_\_\_.

### 2. WHAT ARE THE BENEFITS OF GENTLENESS?

- Gentleness diffuses \_\_\_\_\_. (Proverbs 15:1, 2 Timothy 2:24-26)
- Gentleness communicates \_\_\_\_\_. (Galatians 6:1-2, Colossians 3:19)
- Gentleness helps us to \_\_\_\_\_ to those who need to know Jesus. (1 Peter 3:15)
- Gentleness makes you more like \_\_\_\_\_. (Matthew 11:28-30)

### 3. WHAT DOES JESUS MEAN WHEN HE SAYS THE MEEK WILL INHERIT THE EARTH?

- He is referring to the fact that those who follow him will be a part of a kingdom that will extend \_\_\_\_\_.

**BCC Verse of the Week:** *"Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls." Matt. 11:29 NLT*

## BBCC DEVOTIONAL GUIDE for October 14 to 20, 2018

**Sunday:** Matthew 5:5 says, “Blessed are the meek for they will inherit the earth.” Meekness is not weakness, rather it is strength under control that results in humility and gentleness. Remember that the Sermon on the Mount is about who you are and who you can become as a citizen of God’s kingdom. Ask God to help you become more humble and gentle today.

**Monday:** Read Proverbs 15:1 and 2 Timothy 2:24-26. How do you typically respond to “difficult” people who are critical and disagreeable? These verses remind us that a gentle answer can diffuse conflict and that as Christ’s servants our goal is to be kind, patient, and gentle. Where do you need to apply these verses in your life today?

**Tuesday:** Read Galatians 6:1-2. How do you react when someone disappoints you by being disobedient to God? Are you judgmental or gentle? What are some ways that you might be able to help someone get back on the right path? Ask God today to help you stay on His path for your life and to be gentle with those who are struggling to stay on God’s path.

**Wednesday:** Read Matthew 11:28-30 and 1 Peter 2:21-23. Jesus himself is described as being “meek” (humble and gentle in many translations). How did Jesus react when he was insulted and hurt by others? What can you learn from his example that will help you respond to those who insult or hurt you? Ask God today to give you His strength under His control so that you can become more like Jesus.

**Thursday:** Read 1 Peter 3:15. Gentleness helps us to build bridges to those who need to know Jesus. We should be able to talk to those with whom we disagree without becoming angry and defensive—and this is so needed in our nation today! God calls us to connect relationally without compromising what we believe and gentleness and respect make this possible. As a believer, ask God to help you express the hope you have with gentleness and respect for others.

**Friday:** Read Colossians 3:18-21. Gentleness communicates love. One of the most effective ways to improve your marriage is to speak more gently to your spouse. This is true of parenting too. Moms and Dads both need “strength under control”. Ask God to help you be more gentle with the people in your family today.

**Saturday:** Jesus said, “Blessed are the meek for they will inherit the earth.” (Matthew 5:5) What did he mean? Jesus is referring to the fact that those who follow him will be a part of a kingdom that will extend around the world. Pray today for believers in other nations as they follow Jesus and carry out His world wide mission.

BBCC Bible Study Notes  
From the series: Livin' the Life  
"The Strength of Gentleness"  
October 14, 2018

Jesus' teaching in the Sermon on the Mount is about who you are and who you can become as a citizen of God's Kingdom. An entirely different kind of life is possible when you allow Christ to rule in your heart by embracing him as your King. Jesus describes the people who embrace him as their King.

*"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 NIV*

- Truly joyful and content is the person who is dependent on the King.

*"Blessed are those who mourn, for they will be comforted." Matthew 5:4 NIV*

- Truly joyful and content is the person who is forgiven by the King.

*"Blessed are the meek, for they will inherit the earth." Matthew 5:5*

- Truly joyful and content is the person who is humble and gentle like the King.

### 1. WHAT IS GENTLENESS?

Gentleness is strength under control.

### 2. WHAT ARE THE BENEFITS OF GENTLENESS?

- Gentleness diffuses conflict. (Proverbs 15:1, 2 Timothy 2:24-26)
- Gentleness communicates love. (Galatians 6:1-2, Colossians 3:19)
- Gentleness helps us to build bridges to those who need to know Jesus. (1 Peter 3:15)
- Gentleness makes you more like Jesus. (Matthew 11:28-30)

### 3. WHAT DOES JESUS MEAN WHEN HE SAYS THE MEEK WILL INHERIT THE EARTH?

- He is referring to the fact that those who follow him will be a part of a kingdom that will extend around the world.

**BBCC Verse of the Week:** *"Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls." Matt. 11:29 NLT*

