



Crossing the Line
How to Draw Effective Boundaries (Genesis 36:6-8)
By Pastor Chris Roberds, 7 May 2017

BIG IDEA: Establishing healthy boundaries help define and protect your priorities.

Boundaries help define what is important to us, and if we don't define these boundaries they will end up getting decided for us. Boundaries also help protect our priorities.

Jesus set boundaries that both defined and protected His priorities:

1. He knew His priorities and He was willing to sacrifice for them. (Luke 19:10; Galatians 3:13-14)
2. He had some people with whom He shared priorities and He was able to drop boundaries with them. (Matthew 17:1)
3. He had people that He knew He was pouring into without them pouring into Him – and He knew after pouring into them that He would want to go back to those closest to Him. (Matthew 26:37-38, 13:36; Mark 3:7)

Ways that we can draw better boundaries:

1. Know what things you are willing to cross the line for and which things you are not.
2. Know who shares your priorities and that you can fully let in.
3. Figure out if there is anyone that you pour into without reciprocation. Know that it is ok to pour into them and then go back to those closest to you.

NEXT STEP

What are the 3-5 things that you think are worth sacrificing for?

FOR MY PERSONAL TIME WITH GOD THIS WEEK:

- 1 - Consider reading the story of Jacob and Esau in Genesis 25-36. Do you think the boundaries that they drew were healthy or unhealthy? What do you think these stories can teach us about what happens when boundaries are broken? Do you think that Jacob and Esau effectively restored their relationship?
- 2 - Read Mark 3 as Jesus calls out those who he will do life with. Have you ever felt like all you did was pour into other people and you just want to get away? Notice how Jesus delegates some of the responsibility to the apostles so they can take some of the load off of him. How can you copy that?
- 3 - What would you say are the 3-5 things that you are willing to sacrifice for? Are these priorities things that other people know about you? How can you show people that they are your priority this week?
- 4 - Consider joining a LifeGroup. Do you have people in your life who you can drop boundaries around? If not, Grace has multiple LifeGroups that meet throughout NW Tucson throughout the week. This is a great way to connect to people and live life together. If you need help connecting to a Life-Group, please contact trish@gracetucson.org and she would be happy to help you connect.

Prayer for the Week - Pray for Cancer Survivors/Those Battling Cancer

Pray for those in our body who have survived the battle of cancer and for those who are still in the fight. We ask that God will provide healing and hope in times of great uncertainty and assurance in knowing He is ever present.