

# The CHANGE you need.

We all need to change. Whether it's starting to exercise, stopping a destructive habit, or changing an attitude, making changes can seem impossible. But with God change is possible. In this series, we'll talk about what needs to happen in order for us to change and become the people God calls us to be.

1. If you could change one thing about yourself in 2020 what would it be?
2. Read Ephesians 4:1-6. Paul writing from prison, tells us what we must do to change and become the people he has just described in chapters 1-3. According to v.1, what is it we must do to become the people God calls us to be? What does this metaphor tell us about change?
3. It's important to note that this command to *walk worthy of our calling* is plural, not singular. That means that in order to change we must walk together in community in order to become the people God calls us to be. According to vv. 2-3, what are the 5 essential characteristics that must be part of a community in order to promote change?
4. Describe how each of these elements of community is essential both for the group, and for the individual? What if these characteristics are not present in the group? How might that stunt growth?
5. In vv.4-6 Paul explains why this kind of community is such a big deal. What are the 7 one's listed in these verses? What observations can you make about these? Based on this why is being in community not optional?
6. In light of this passage, do you believe you need to be in this kind of community in order to change? Explain. Will you resolve to participate fully in the Pathway community this year?
7. In light of this passage, are you willing, with God's help, to promote the kind of community described in this passage? What might happen in our group, our church if we walked together in this kind of community?
8. Pray and ask God to help you as a group walk together in community with all humility, gentleness, patience, bearing with each other in love, and making every effort to maintain the unity of the Spirit through the bond of peace.